



QUICK GUIDE

10

**POWERFUL QUESTIONS FOR
MOMENTS OF SELF-DOUBT
AT WORK**



10 Powerful Questions

- Am I focused on the present, or stuck in the past?
- What resources do I need to accomplish my objective?
- What am I trying to accomplish, and why?
- How would I advise my best friend dealing with a similar challenge?
- What or whose perspective am I missing?
- What do I need to know about my objective to accomplish the goal?
- What information do I need to accomplish my objective?
- Last time I faced a challenge like this, how did I overcome it?
- What's the best that could happen if I take this action?
- What knowledge or information am I missing to make the way forward clear?



Thank You

That's a wrap! I hope you found these questions helpful for snapping you out of moments of self-doubt and restoring yourself to power. If you're ready for the next step in your career, check out the Career Transition Game-Plan Guide, which will help you figure out where to start.

READY TO TAKE THE NEXT STEP?

CHECK IT OUT

The Career Transition Game-Plan Guide contains the top five career change strategies admins **MUST** know to figure out where to start on their career transition journey to avoid wasting time and energy.

Evaluate your priorities, assess your options, and chart your path. Check it out at <https://www.adminnomore.com/guide>. And in the meantime, let's connect!

